**Overview of Curriculum**

**8th Grade**

Lesson 1: Sex, Emotions and Self-Respect

Lesson 2: Sex, Alcohol and Respect

Lesson 3: Sex, STDs and Honesty

Lesson 4: Sex, Pregnancy and Responsibility

Lesson 5: Sex, HIV/AIDS and Compassion

Lesson 6: Sex, Love and Choices

Lesson 7: Sex, Limits and Self-Discipline

Lesson 8: Sex, Saying "NO" and Courage

\*\*\*\*CPR will be offered to 8th Grade only; this is mandatory for high school graduation\*\*\*\*

**7th Grade**

Lesson 1: Sex: Everybody's Talking About It

Lesson 2: The Risk of STDs and HIV/AIDS

Lesson 3: Teen Pregnancy and "Safe Sex"?

Lesson 4: Pressures to be Sexually Active

Lesson 5: Choosing the Best Path

Lesson 6: Set It! The Need for Boundaries

Lesson 7: Say It! The Need to Speak Up

Lesson 8: Show It! The Need to be Assertive

**6th Grade**

Lesson 1: Deciding on Your Future

Lesson 2: Figuring Out Friendships and Relationships

Lesson 3: Avoiding Unhealthy Relationships

Lesson 4: Identifying the Risk

Lesson 5: Choosing the Best Way

Lesson 6: Learning How to Say NO